

# Sunsations Camps

Ages 5-12

June 29- July 3:	LOL Fun Center	\$210
<b>*NO camp Wednesday, July 1st*</b>		
July 6-10:	Laser City	\$240
July 13-17:	Bow Habitat	\$240
July 20-24:	Granary Road	\$240
July 27-31:	Studio Bell and Library	\$240
August 4-7:	Southland Leisure Center	\$210
<b>*NO camp Monday, August 3rd*</b>		
August 10-14:	Calgary Zoo	\$240
August 17-21:	Telus Spark	\$240
August 24-28:	Calaway Park	\$245

\*Price increases accommodate increased cost of bussing, field trips, and more\*



Sunsations camps go on a new field trip every Friday!

Sunsations camps are designed to engage your child in a variety of fun summertime activities! These camps are split into 4 groups of roughly 20 children, based on age. These group participate in different activities each day.

Our Sunsations camps philosophy is providing campers with exposure to a variety of fun learning activities. We base our weekly activities on cooking, art, science, drama, sport, and team-building. This means your camper will be engaged with a new and exciting activity everyday!

Every **Wednesday**, we have a surprise presenter or event that will take place at Mid-Sun. Throughout the weeks, these events may include anything from a magician visiting our facility, to an inflatable water slide for water day!

Every **Thursday**, Sunsations camps visit Midnapore Lake for a day of swimming and summer fun. We have a life guard on staff to ensure your children are safe when in the water.

On **Fridays**, we visit a new field trip location (listed on the left).

\*We ask that campers do not bring money for field trip locations\*

## Specialty Camps

Our variety of Specialty Camps are a fantastic way for your child to learn a new skill this summer and make life-long friendships! They run similar to the Sunsatons camps, however they spend most of their time on the theme of the week.

From **Monday to Wednesday** campers in Specialty Camps will be taught by our energetic and knowledgeable Leaders about the theme they have enrolled in! Specialty Camps do participate in some of the Sunsatons activities, like cooking, art, and sport, to help break-up the day and keep the campers engaged in the week's theme!

Specialty Camps join the Sunsatons camp on **Thursdays** to visit Midnapore Lake. This day is spent relaxing at the beach and swimming in the water. Most Specialty Camps spend part of Thursdays practicing some of the skills that they learned earlier in the week.

We have a lot of activities planned for the Specialty Camps, so on **Fridays** they spend the day at Mid-Sun continuing to learn more about their skill.

Your camper can learn a new skill or improve on a favourite one!



### WEEK 1 - June 29-July 3: NO CAMP WEDNESDAY, JULY 1<sup>st</sup>!

#### Acting Basics Camp (Ages 5-8) \$210

Younger campers signed up for this week will have a blast learning the fundamental building blocks of acting! Over the week campers will explore movement, physicality, and vocalization, all while playing different games and activities! By the end of the week, these campers will be sure to have some new and exciting performance skills!

#### Racquet and Tennis Camp (Ages 9-12) \$210

A camp full of tennis, badminton, pickleball and much more! Your camper can explore the diverse world of racquet sports in this camp. They will also visit Fish Creek Sports Club during the week to play squash and racquetball in professional courts!

### WEEK 2 - July 6-10:

#### Music and Movement Camp (Ages 5-8) \$230

If your child can't resist sitting still when listening to music, this camp is for you! Campers will learn the foundations of dance through games and beginner movements in styles such as jazz, ballet and hip hop! There will also be a small dance showcase On Friday at 4pm. No experience necessary - just be ready to move!

#### Bike Camp (Ages 9-12) \$230

Campers will explore the surrounding communities and Fish Creek Provincial Park all from the comfort of their bike seat! Going on a new bike trip each day, there is always something new and exciting to bike to!

\*Campers must be able to ride for long distances (1-2 hours), must bring a operational bicycle and helmet to and from the facility each day, and the bicycle must be without training wheels\*

### WEEK 3 - July 13-17:

#### Cheerleading and Gymnastics (Ages 5-12) \$230

Do you have a child who likes to tumble, dance, cheer, and have fun!? Over the week campers will learn a variety of gymnastics and cheerleading skills taught by a former competitive cheer-leader! No experience is necessary, and all ages are encouraged to sign up for this awesome new camp!

#### Foundational Multi-Sport Camp (Ages 5-8) \$230

This week younger campers will be introduced to a new sport each and every day! It is perfect for young ones that love to be active, and are eager to learn! Our Leaders will teach games and the skills involved for sports such as basketball, soccer, football, badminton, and many more!

# Specialty Camps

## WEEK 4 - July 20-24:

### **Summer Splash (Ages 5-12) \$230**

Campers will spend the entire week at Midnapore Lake in Summer Splash Camp. They will spend the days practicing their swimming skills, playing beach games, and enjoying the summer! (Lifeguard on staff)

\*Camper must be comfortable swimming

### **Dance and Choreography (Ages 9-12) \$230**

Join us for a week of dance! Campers will practice technique and routines in a variety of dance styles including jazz, lyrical, and hip-hop! Campers will also learn the basics of choreography and present a showcase at the end of the week on Friday at 4 pm!

## WEEK 5 - July 27-31:

### **Musical Melodies (Ages 5-8) \$230**

Does your child love to sing and dance? In Musical Melodies, campers will learn the foundations of performance, then showcase their new skills on Friday at 4 pm! This camp welcomes all skill levels with a focus on having fun, and is taught by a former Young Canadian Performer!

### **Art Masters Camp (Ages 9-12) \$240**

Our older campers are in for the most art-tastic week of the summer! An artist will come into the facility to teach the campers a project that they will work on for the entire week! At the end of the week campers will bring home their projects and show off their hand-made creation! Experience with sketching and painting is recommended.

## WEEK 6 - August 4-7: NO CAMP MONDAY, AUGUST 3<sup>rd</sup>!

### **Beginner's Guide to Baking and Cooking (Ages 9-12) \$210**

Do you have an up and coming chef or baker in the family who loves to have fun creating different foods in the kitchen? During the week, campers will actively learn the skills involved in cooking, baking, and creating delicious food using a wide range of techniques and recipes!

### **Little Picassos (Ages 5-8) \$210**

Do you have a young Picasso in the family? Your camper will unleash their creative talent, and learn how to work with a variety of art mediums including painting, sketching, and more! Come join us for this week of creativity and self-expression!

## WEEK 7 - August 10-14:

### **Musical Theatre (Ages 9-12) \$240**

Does your child love to sing and dance? Campers will spend the week learning and rehearsing songs from a well known musical and perform on Friday at 4 pm! This camp is taught by a former Young Canadian performer!

### **Advanced Multi-Sport (Ages 9-12) \$230**

Campers will work with our Leaders to further develop the sports and skills they already enjoy! Leaders will focus on the sports voted most popular by the campers and will teach campers how to improve their skill set and dominate on the court/field/ice!

## WEEK 8 - August 17-21:

### **Junior Scientists Camp (Ages 5-12) \$230**

Does your child love all things science? Each day campers will explore the world of science through a variety of live experiments! Campers will test their hypothesis and document the results!

### **Photography and Video Camp (Ages 9-12) \$230**

Campers will spend the week learning the skills involved with capturing photos and videos in various settings. They will master the selfie, understand the rule of thirds, focus on their interests and learn how to tell a story through a visual format!

## WEEK 9 - August 24-28:

### **Nature Explorers (Ages 5-8) \$230**

NEW to our camps this year, your curious child will explore the outdoors and participate in unique nature activities! Campers will spend most of their day outside discovering the world around them, learning about insects, weather, plants, and more!

### **Introduction to Stage Acting (Ages 9-12) \$230**

Campers will learn about the importance of character building, costumes, and set-design through various games and activities! Throughout the week campers will work in groups to rehearse and perform a scripted play! The play performance will take place on Friday at 4pm. Some experience with stage acting is recommended.

# Youth Camps

Ages 12-14

Youth camps are for teens looking for a fun and engaging summer! These camps focus on helping teens build independence and confidence by teaching them about public transit, cooking, the importance of volunteering, and much more! Spots are limited!

**WEEK 2 - July 6-10: Explore the City \$280**

“Explore the City” is for youth that want to discover the hidden treasures of Calgary. This camp is also intended for youth to understand how to use public transit, as this will be their main source of transportation to their field trip locations. Every day teens will visit a new location in the city. Campers will visit the Calgary Zoo on Monday, Studio Bell and the Central Calgary Public Library on Tuesday, go bowling at Chinook Mall on Wednesday, have a “Selfie Day” downtown while visiting a location of their choice on Thursday, and go to a Locked Room Friday afternoon, spending Friday morning creating a meal of their choice!

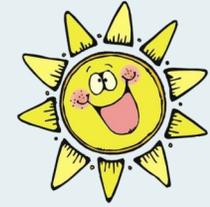
**WEEK 3 - July 13-17: Youth Leadership: Giving Back \$230**

NEW to our youth camps this summer! In the “Youth Leadership” camp, teens will engage in a variety of volunteer opportunities such as park-clean ups, brown bagging, making toys for the Humane Society, participating in Calgary food bank activities, volunteering within the Mid-Sun Camps, and more! By the end of the week, campers should have a better appreciation and understanding of the volunteer opportunities in the city, and most importantly: the importance of giving back.

**WEEK 7 - August 10-14: Explore the City \$280**

“Explore the City” is for youth that want to discover the hidden treasures of Calgary. This camp is also intended for youth to understand how to use public transit, as this will be their main source of transportation to their field trip locations. Every day teens will visit a new location in the city. Campers will visit the Calgary Tower on Monday, Landmark Cinemas on Tuesday, the Hexagon Board Game Café on Wednesday, have a “Selfie Day” downtown while visiting a location of their choice on Thursday, and go to Laser Quest Friday afternoon, spending Friday morning creating a meal of their choice!

# Camp Info



**Camp Hours:**

Pre-Care\* - 7AM to 9AM

Camp Programs - 9AM to 4PM

Post-Care\* - 4PM to 6PM

**\*Pre- and Post-Care are included in the price of camp.\***

**Refund Policy:**

From March 1-May 15, 2020 a full refund will be granted, minus a \$25 admin fee per camp, to a maximum of \$100. From May 16-June 19, 2020 a 50% refund will be offered. NOTE: A refund will not be provided over the weekend, and will only be approved by the Day Camp Directors on business days – Monday to Friday, 9am – 4pm. After June 19, 2020 no refund will be issued unless a doctor’s note is provided, or if the camper’s spot can be filled; if either of these requirements are met then a 50% refund will be granted. Refund approval is that the Day Camp Director’s discretion. Transferring between weeks is at the Day Camp Director’s discretion.

Summer day camp registration will open **online ONLY on March 1st, 2020 at 8AM! In-house registration opens March 16th, 2020 at 9AM.**

For any inquiries please email Courtney Miller, Day Camp Director, at [daycamp.director@midsun.org](mailto:daycamp.director@midsun.org).



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