

Presents our

SPRING SEEDS ATIONAL

Friday, February 15th from 6:30-8:30

@Mid Sun Community Center

\$10 for mid-sun community garden members

\$15 for non-members

Limited seating!



Secure your seat in advance

- at the front office at the Community Centre. OR
- on-line <http://www.midsun.org/mid-sun-community-garden/>

COME LEARN ABOUT

- Seed starting indoors for vegetables - dates to start for transplanting outdoors
- Seed starting outdoors for vegetables - what vegetables work best for starting seeds this way, success you have had.
- What seeds to stagger, to have continuous production versus planting an entire row of radish, lettuce etc
- working in an 8 foot by 4 foot plot - ideas to get the most volume from that size of gardening. Second plantings - when to do that in the late summer.
- when and how to harvest - people continually let produce go past its prime
- seed collecting from your own plants

FEATURING CARMEN LAMOUREUX



Owner and founder of Calgary's URBAN FARM SCHOOL and The URBANFARM PERMACULTURE PROJECT, Carmen Lamoureux is dedicated to helping emerging gardeners and permaculture enthusiasts gain the freedom, confidence and common-sense skills they need to live more abundant, sustainable and resilient lives.

Carmen's diverse background in sustainable land management, aerial photography, permaculture, silviculture, forestry and horticulture informs her grounded approach and

teaching style, yet it is her passion for transformative change that inspires others to "grow some awesome!"

<https://www.urbanfarmschool.ca/about-u-fs>

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